



Client Feedback Form Self Paced

Client Information

Practitioner Information

It is important that you put your practitioners email address into the field above, as this is how they receive your information. If you do not have their email address, please ask them for it, so you can fill in the email box above.

Gender

- ☐ Male
- ☐ Female
- ☐ Non Binary
- ☐ Prefer Not to say

Session

We appreciate answers to this form in English.

- ☐ In-person
- ☐ Online

Invocation

The invocation part of a session relates to the opening – the sacred space set, the calling in of supportive energies, chanting mantra etc.

Conversation

The conversation part of a session allows your practitioner to get a deeper understanding of what is present for you, ask questions, understand the challenges you are facing, and allows you space to feel seen and heard in your experience. It also allows the practitioner to explain the session process.

Activation

The activation part of a session takes you out of the mind (conversation) and into the body, encouraging you to feel, express and release undischarged energy and emotions. For Zoom sessions, the bodywork question is less relevant, but you can reflect on the energetic guidance and holding the practitioner provided.

Verbal Guidance:

How well did the practitioner's verbal guidance during activation encourage you to feel and express throughout the session?

- ☐ Not Enough ☐ Just Right ☐ Too Much

Bodywork:

How well did the body work(energetic and physical guidance) encourage you to feel and express throughout the session?

- ☐ Not Enough ☐ Just Right ☐ Too Much

Integration:

The integration part of the session allows you time to digest the session, clarify new beliefs and insights and receive homework suggestions from your practitioner

Please rate how you felt about the following during the session:

Feeling of safety during your session

Not safe 1 2 3 4 5 6 7 8 9 10 Completely safe

Feeling of non-judgement from the practitioner

Strong sense of judgement 1 2 3 4 5 6 7 8 9 10 Strong sense of non-judgement

○ ○ ○ ○ ○ ○ ○ ○ ○ ○

Quality of listening by the practitioner

Felt very unheard 1 2 3 4 5 6 7 8 9 10 Felt deeply heard

Please rate how you felt about the following during the session:

Content & clarity of information and advice by the practitioner

Very unclear 1 2 3 4 5 6 7 8 9 10 Very clear

Effectiveness of practices during the session

Not effective 1 2 3 4 5 6 7 8 9 10 Very effective

Adequate integration to ground at the end of the session

No time at all

1 2 3 4 5 6 7 8 9 10

Way too much time

Advice given for homework, to help integrate the session

Didn't feel relevant, unlikely to use 1 2 3 4 5 6 7 8 9 10 Exactly what I needed